



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FUN, GAMES & FRIENDSHIP

## YMCA CHALLENGER PROGRAM



The Y Challenger program gives individuals 3-30+ years old with physical, developmental and intellectual disabilities the opportunity to learn, grow and thrive through recreational and social programming. Children and young adults with special needs will improve physical fitness, experience personal growth, have fun and develop friendships through healthy Challenger activities.

Challenger is about more than games. It's about being part of a team. Athletes with a wide variety of disabilities including autism, Asperger's, cerebral palsy, Down syndrome and spinal injuries, are placed on teams with peers and coached by volunteers. Each player is paired with a volunteer buddy who is at least 10 years old.

## FLAG FOOTBALL

**Ages 4 – 30+ • Cost \$40**  
**Register for this program by August 15**

**Mondays, 6-7 p.m. • August 25 – October 6**  
Hartman Park, 700 NW Pryor Road, Lee's Summit, MO

**Tuesdays, 6-7 p.m. • August 26 – September 30**  
Fred and Shirley Pryor Family YMCA Challenger Sports Complex, 2100 NW 87th Terrace, KCMO

**Wednesdays, 6-7 p.m. • August 27 – October 1**  
Arrowhead Administrative Center  
6601 Santa Fe Drive Overland Park, KS

**Thursdays, 6-7 p.m. • August 28 – October 2\***  
Miracle Field at Excelsior Springs High School  
612 Tiger Drive, Excelsior Springs, MO  
\*Free program for Excelsior Springs residents and students.



**NO ATHLETE  
WILL BE  
TURNED AWAY!**  
Please ask about our  
financial assistance to  
get everyone playing  
the game!

## COURT SPORTS

**Ages 4 – 30+ • Cost \$40**  
**Register for this program by October 4**

**Sundays, 3:30-4:30 p.m. • October 12 – November 16**  
Harris Park Community Center,  
110 SW Blue Parkway, Lee's Summit, MO

**Tuesdays, 6-7 p.m. (Ages 4-11) & 7-8 p.m. (Ages 12+)**  
**October 14 – November 18**  
Barry Middle School, 2001 NW 87th Terrace, KCMO

**Saturdays, 9-10 a.m. (Ages 4-11), 10-11 a.m. (Ages 12+)**  
**October 11 – November 15**  
Kirmayer Fitness Center at University of Kansas Hospital,  
3901 Rainbow Boulevard, KCKS or Johnson County location TBD

## BASKETBALL

**Ages 4 – 30+ • Cost \$40**  
**Register for this program by October 4**

**Thursdays, 6-7 p.m. • October 16 – November 20\***  
Excelsior Springs Middle School  
701 Crown Hill Road, Excelsior Springs, MO  
\*Free program for Excelsior Springs residents and students.

## BOWLING

**Ages 12-30+ • Cost \$40**  
**Register for this program by  
October 4**

**WEEK DAY TBD**  
**6-7 p.m.**  
**October – December TBD**  
Mission Bowl,  
5399 Martway Mission, KS

## SWIM LESSONS

**Ages 3-30+ • Cost varies**  
**6 weeks**

Connect with the Aquatics  
Director at your nearest Y  
center for information on our  
Adaptive Swim Lessons and Swim  
Exploration programs.





# ChallengHER

ChallengHER is for girls and young women with special needs. ChallengHER offers the opportunity to socialize, make new friends, learn new things and have fun.

**Ages 12-30+**  
**Cost \$10-\$20**

September 13:  
Chiefs Cheer Clinic  
(at 3 different YMCAs)

October 25: Art Theme

December: Holiday Party



## UPCOMING EVENTS

Watch the web for more information  
[www.KansasCityYMCA.org](http://www.KansasCityYMCA.org)

### NFL PLAY 60

**Tuesday, September 30, 5:30-6:30 p.m.**

Fred and Shirley Pryor Family YMCA Challenger Sports Complex,  
2100 NW 87th Terrace, KCMO

Free for any athlete enrolled in YMCA Challenger Flag Football program! Join NFL players, Chiefs Cheerleaders and KC WOLF as you practice like the pros!

### CHALLENGER CHIEFS CHEER CLINIC

**Ages 4 - 30+ for boys and girls. • Cost \$10**  
**Saturday, September 13, 3:30-5 p.m.**

Platte County Community Center South YMCA,  
Olathe Family YMCA or Blue Springs Family YMCA

Show your spirit! Learn encouraging cheers as well as dance moves and positive SPIRIT stunts!

## YOUNG ADULT MONTHLY EVENTS

Teens and young adults can get more connected peers through our monthly outings. Enjoy socializing, food and fun as we visit attractions around Kansas City. Activities are inclusive of all abilities. Register in advance to participate.

**Ages 12-30+ • Cost \$10-\$20**

August 15: Outdoor Pool Party and Picnic at Vivion Road YMCA

September 12: Outdoor Movie Night at Paul Henson YMCA

October 11: Costume Ball at Cleaver YMCA

November 8: Hayride and S'mores - Shawnee Mission Park

December 6: Winter Wonderland Dance at Cleaver YMCA

Please visit [www.KansasCityYMCA.org/Challenger](http://www.KansasCityYMCA.org/Challenger) for updated Challenger information and program details.

**Raegan Schurr**, Adaptive Program Director  
816.453.6600 [RaeganSchurr@KansasCityYMCA.org](mailto:RaeganSchurr@KansasCityYMCA.org)

### CHALLENGER REGISTRATION

Flag Football  Court Sports  Basketball  Bowling  Cheer Clinic  
 ChallengHER  Healthy Living  Young Adult Events

Today's Date: \_\_\_/\_\_\_/\_\_\_ Program Location: \_\_\_\_\_

Name: \_\_\_\_\_ School: \_\_\_\_\_

Age: \_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_ Primary Disability: \_\_\_\_\_

Please describe any type of assistance your player might need: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

I understand that photos of myself or my family, taken as we participate in YMCA activities, may be used for publicity purposes.

### METHOD OF PAYMENT

Check (Check Number: \_\_\_\_\_)  
 Credit Card  Visa  MC  Discover  Am Express  
Account No: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Exp. Date: \_\_\_/\_\_\_/\_\_\_  
Signature: \_\_\_\_\_  
Total Amount Paid: \$ \_\_\_\_\_

### INTERESTED IN VOLUNTEERING?

Coach  Assistant Coach  Snacks  Marketing  
 Program Committee  Buddy (ages 10+)  Fundraising

### OFFICE USE

Receipt # \_\_\_\_\_ Staff Initials: \_\_\_\_\_  
Date: \_\_\_\_\_

**Bonner Springs Family YMCA**  
913.422.9348

**Platte County  
Community Center North**  
816.858.0114

**Blue Springs Family YMCA**  
816.224.9620

**Platte County  
Community Center South**  
816.505.2622

**Cleaver Family YMCA**  
816.285.9622

**Providence YMCA/  
Ball Family Center**  
913.378.9622

**Olathe Family YMCA**  
913.393.9622

**Red Bridge Family YMCA**  
816.942.2020

**Paul Henson Family YMCA**  
913.642.6800

**Vivion Road Family YMCA**  
816.453.6600